

# DISTRICT HEALTH PROFILE

**District Vehari**

**2009**



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## INTRODUCTION

The purpose of this document is to simplify, package, and communicate complex information on vital statistics and the local burden of disease in a practical, accessible format for district health planning. It is intended for use by District Health Management Teams (DHMTs), federal/ provincial/regional governments and other development partners. Most of the information is provided in tabular format with short explanatory captions and minimum text to provide 'picture' of the current demography and disease burden. The data source is the district health and education departments; however, specific data in this report has been taken from District Census Report 1998.

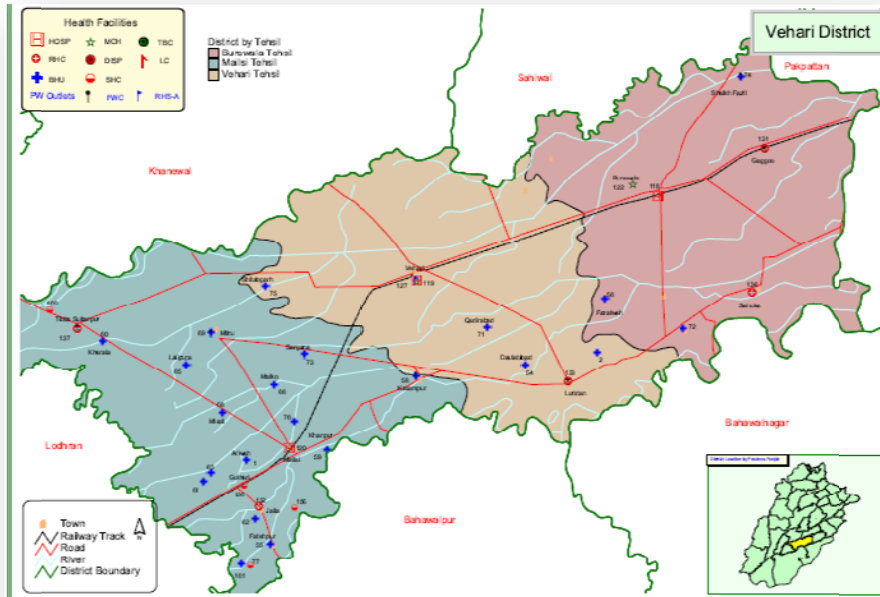
The document has been divided into various sections mentioned below:

1. **District at a glance:** This section contains general information about the district; for example history, location, area etc.
2. **Accessibility:** This section facilitates reader in approaching the district from other districts or provincial/federal capital by road, rail or air.
3. **Culture:** Knowledge of cultural and social customs facilitates in getting access to the general population. This section provides brief about cultural setup and livelihood in the district.
4. **District Administrative Setup:** A brief on district administrative setup along with reporting lines is given in this section.
5. **Demographic Information:** Demographic breakdown of the district population structure, by age and sex, is important from Mother & Newborn Child Health (MNCH) point of view. The information given in this section can be used to predict the target population in upcoming years and plan interventions for improvement of health status in the district.
6. **District Health Department:** This section provides basic information of district health department. It provides organogram of the department, types of health facilities, human resource and budget information, and selected health indicators.
7. **District Education Sector:** The information regarding tehsil wise number of educational institutions in public sector is given in the section that can be useful in planning collaborative strategies for improvement of health status in the district.

We anticipate that this document would be helpful for planning district health interventions by PAIMAN and government health authorities.

# DISTRICT HEALTH PROFILE

## VEHARI



### 1. District at a Glance

Vehari District is a district in the Punjab province of Pakistan - the city of Vehari is the capital of the district. The district was created in 1976 out of the three tehsils of Multan District (Vehari, Burewala and Mailsi). The name Vehari means low lying settlement by a flood water channel.



Vehari district is situated in the heart of Nili Bar. It is purely the result of construction of Pakpattan canal from Sulemanki Head Works on the Sutlej and the institution of Nili Bar colony project in 1925, so called because of the bluish tings of the water of the Sutlej.

The district lies along the right bank of the river Sutlej which forms its southern boundary. The district is surrounded by Sahiwal, Pakpattan, Bahawalpur, Khanewal and Lodhran districts.



Total area of district Vehari is 4,364 Sq.Kms. The district

consists of plain area with fertile land. It is a part of Indus plain. It has the best cultivated land which is suitable for cotton, wheat and other crops.

## **2. Accessibility**

Vehari is located on the southern alternate route of both railway and road between Multan and Lahore. The district is linked with Multan, Bahawalpur, Lodhran and Khanewal districts through metalled roads. The distance from Lahore is 325km. The district is linked with Khanewal, Bahawalpur and Lodhran districts through railway network. A section of the railway between Multan and Lahore is electrified on the main line between Khanewal and Lahore. The Vehari route goes to Lahore through the famous religiously renowned city of Pakpattan.

## **3. Culture**

The culture of Vehari district is purely the local culture developed by close link with the neighbouring districts. People are very simple in speaking, eating, manners and dealings. The elders are respected and the young are loved. Women are given proper regards. Owing to discouraging rate of literacy, people are not highly advanced, civilized and polite. They are straight, forward, simple but hospitable. Rites of marriage, death and others festivals are performed strictly.

The crafts in the Vehari are of two types: the crafts produced in the rural areas and the royal crafts which flourished in the urban centers. The former include cotton textiles, basketry, embroidery etc. while the latter are tile and woodwork skills, ivory, silver and gold work, naqqashi and architectural crafts. The hand-woven cotton clothes like khaddar are popular. The cloth woven on handlooms is either block printed or beautifully embroidered. Vehari is famous for beautiful hand-woven bed covers and embroidered shawls and shirts ([www.pportal.punjab.gov.pk](http://www.pportal.punjab.gov.pk)).

## **4. District Administrative Setup**

Like any other district in the country, district Vehari is headed by District Coordination Officer (DCO) assisting Zila Nazim and is accountable to him. DCO, appointed by provincial government from the federal or provincial civil service, coordinates with Executive District Officers (EDOs), who head each of the district offices including health.

District Vehari has three Tehsils i.e. Burewala, Mailsi and Vehari. Each tehsil comprises of certain numbers of union councils. There are 89 union councils in district Vehari with 77 rural and 12 urban.

## 5. Demographic Information

The population of Vehari in year 2008 is 2.75 Million.

Union council wise breakup of population is shown below:

Sr. No.	Urban Union Council	Total
1	U.C. No. 1	32,264
2	U.C. No. 2	27,207
3	U.C. No. 3	30,745
4	U.C. No. 4	32,940
5	U.C. No. 27	36,645
6	U.C. No. 28	35,721
7	U.C. No. 58	31,728
8	U.C. No. 59	26,862
9	U.C. No. 60	35,060
10	U.C. No. 61	34,275
11	U.C. No. 62	35,743
12	U.C. No. 63	34,817
<b>Total</b>		<b>394,007</b>

Sr. No.	Rural Union Council	Total
1	Union Council No. 5	28682
2	Union Council No. 6	29606
3	Union Council No. 7	32074
4	Union Council No. 8	35418
5	Union Council No. 9	26263
6	Union Council No. 10	33238
7	Union Council No. 11	25895
8	Union Council No. 12	19819
9	Union Council No. 13	28922
10	Union Council No. 14	32585
11	Union Council No. 15	40003
12	Union Council No. 16	25455
13	Union Council No. 17	23296
14	Union Council No. 18	33268
15	Union Council No. 19	29955
16	Union Council No. 20	33279
17	Union Council No. 21	30137
18	Union Council No. 22	24559
19	Union Council No. 23	23824
20	Union Council No. 24	38350
21	Union Council No. 25	37270
22	Union Council No. 26	35614

<b>Sr. No.</b>	<b>Rural Union Council</b>	<b>Total</b>
23	Union Council No. 29	35605
24	Union Council No. 30	28968
25	Union Council No. 31	32642
26	Union Council No. 32	44814
27	Union Council No. 33	33104
28	Union Council No. 34	27205
29	Union Council No. 35	21670
30	Union Council No. 36	31544
31	Union Council No. 37	32830
32	Union Council No. 38	46668
33	Union Council No. 39	26228
34	Union Council No. 40	26544
35	Union Council No. 41	27209
36	Union Council No. 42	43107
37	Union Council No. 43	30316
38	Union Council No. 44	26943
39	Union Council No. 45	24830
40	Union Council No. 46	28121
41	Union Council No. 47	24241
42	Union Council No. 48	29723
43	Union Council No. 49	25647
44	Union Council No. 50	32452
45	Union Council No. 51	33956
46	Union Council No. 52	35736
47	Union Council No. 53	19560
48	Union Council No. 54	38083
49	Union Council No. 55	26116
50	Union Council No. 56	28351
51	Union Council No. 57	33518
52	Union Council No. 64	24431
53	Union Council No. 65	29157
54	Union Council No. 66	24565
55	Union Council No. 67	26459
56	Union Council No. 68	24012
57	Union Council No. 69	24446
58	Union Council No. 70	29992
59	Union Council No. 71	33193
60	Union Council No. 72	37322
61	Union Council No. 73	29704
62	Union Council No. 74	28467



Sr. No.	Rural Union Council	Total
63	Union Council No. 75	34331
64	Union Council No. 76	27310
65	Union Council No. 77	37805
66	Union Council No. 78	34108
67	Union Council No. 79	32906
68	Union Council No. 80	31010
69	Union Council No. 81	28465
70	Union Council No. 82	43163
71	Union Council No. 83	30152
72	Union Council No. 84	34735
73	Union Council No. 85	28866
74	Union Council No. 86	39358
75	Union Council No. 87	26690
76	Union Council No. 88	26100
77	Union Council No. 89	26460
<b>Total</b>		<b>2,356,450</b>

Following table shows the demographic information of different population groups in the district:

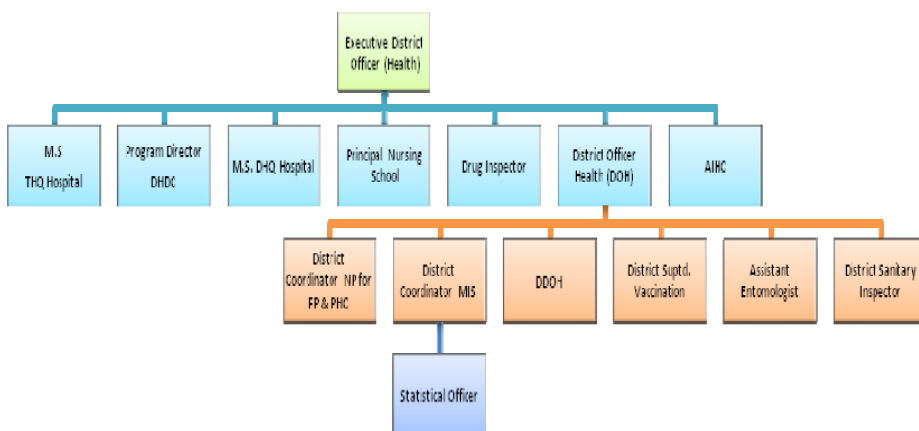
Population Groups	Standard Demographic (%)	Estimated Population 2008
New born	4	110018
0-11 months	2.24	61610
12-23 months	-	-
Under 5 years	15.87	436498
0-14 years	44.04	1211301
Women in child bearing age (15-49 years)	21.8	599600
Married Child bearing age	15.5	426321
Pregnant Women	4.5	123771

## 6. District Health System

The health care delivery network is managed headed by Executive District Officer (Health). Being the team leader, the EDO Health is assisted by District Officer Health (DOH), Medical Superintendents of DHQ and THQ hospitals Principal Nursing School. DOH is assisted by Deputy District Officers Health (DOH), District Coordinators of MIS and NP-FP&PHC, DSV, DSI and Assistant Entomologist.

**a. Organogram**

The organizational structure of district health department is given below:



**b. Health Facilities**

The number of health care facilities in district Vehari has been given below:

Type	No.	No. of beds
DHQH	1	125
THQH	2	120
RHCs	10	200
BHUs	77	154
MCHCs	11	-
Dispensaries	37	-
Sub-Health Centres	23	-
Reproductive Health Services – A (RHS-A)		
Family Welfare Centres		

**c. Human Resource Position**

Total health care personnel of selected positions working in the district are detailed in the following table:

Posts	Number	
	Sanctioned	Filled
Gynecologist	3	2
Pediatrician	4	4

Posts	Number	
	Sanctioned	Filled
Anesthetist	3	2
Radiologist	3	-
Women Medical Officers (WMOs)	22	11
Medical Officers (MOs)	122	120
Blood Transfusion Officers (BTOs)	1	-
Lady Health Visitors (LHVs)	118	117
Nurses	121	113
Midwives	114	111
Lady Health Workers (LHWs)	1850	1328
Laboratory Technician	13	5
Health Technician	80	80
Vaccinators	89	87
<b>Total</b>	<b>2543</b>	<b>1980</b>

**d. Health Indicators**

Indicator	Data from Jan-Mar 2009 <i>(Source: Baseline MIS Survey-PAIMAN)</i>
Number of ANC cases registered *	21711
Number of pregnant women provided TT 2 immunization	1141
PNC cases visited by LHW within 24hrs of delivery	4868
Number of children <1 yr receiving DPT 3 immunization	24581
Number of children <5 yr treated for diarrhea at public HF	1695
Number of children <5 yr treated for pneumonia at public HF	5940
Number of facilities reporting stock out of contraceptive commodities (DHQH/THQH/RHCs)	9
Indicator	Data for year 2008 <i>(Source: National Program for FP &amp; PHC)</i>
Total deliveries conducted by skilled	18016

attendant	
Number of live births	30003
Number of still births	1165
Total obstetric (maternal) deaths	44
Total newborn deaths	828

**e. Budget Allocation and Utilization**

Total budget allocation of current year for District Health Department in district Vehari is as under:

Item	Year 2008-09 (Rs)
Total District Health Sector Budget	519,222,000
Development	97,789,000
Non-Development	421,433,000

**7. Education Sector**

It has best education facilities with different schools and colleges. There are separate degree colleges for boys and girls. University of Education also has a campus located in this city of cotton.

Number of Institutions												
Schools										College		Univ.
Primary		Middle		High		Elementary		Higher secondary		Boys	Girls	
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls			
2731	545	118	71	74	21	29	11	10	01	10	3	01