

DISTRICT HEALTH PROFILE

District Gwadar

2009



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The Pakistan initiative for Mothers and Newborns (PAIMAN) is a 6-year USAID funded project designed to reduce country's maternal and neonatal mortality by making sure that women have access to skilled birth attendants during childhood and throughout postpartum period. PAIMAN works at national, provincial and district levels to strengthen the capacity of public and private health care provider and improve health care system. The PAIMAN program is jointly implemented by John Snow Inc (JSI), Contech International, John Hopkins Center for Communication Program (JHU/CCP), Agha Khan University and Population Council.

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INTRODUCTION

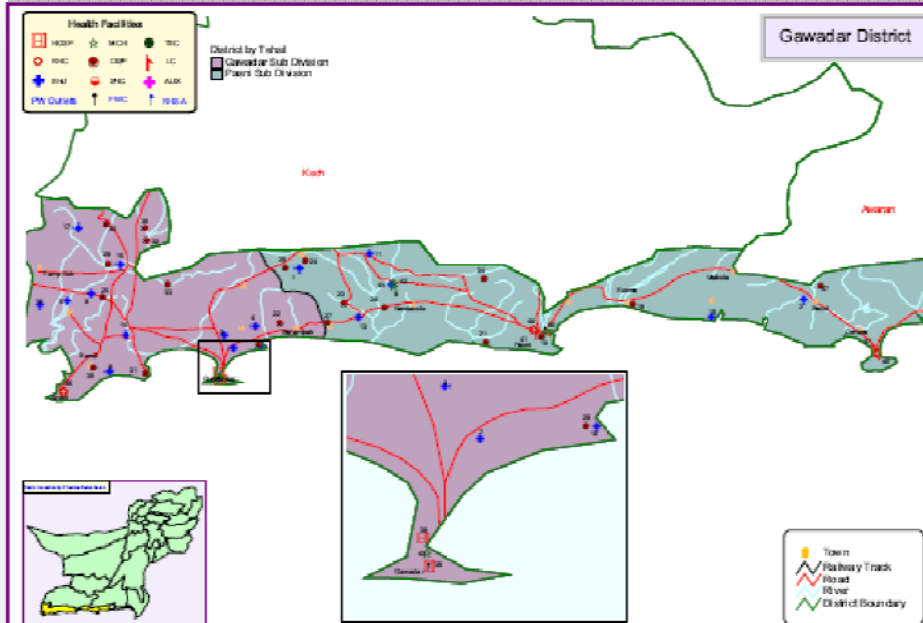
The purpose of this document is to simplify, package, and communicate complex information on vital statistics and the local burden of disease in a practical, accessible format for district health planning. It is intended for use by District Health Management Teams (DHMTs), federal/ provincial/regional governments and other development partners. Most of the information is provided in tabular format with short explanatory captions and minimum text to provide 'picture' of the current demography and disease burden. The data source is the district health and education departments; however, specific data in this report has been taken from District Census Report 1998.

The document has been divided into various sections mentioned below:

- 1. District at a glance:** This section contains general information about the district; like history, location, area etc.
- 2. Accessibility:** This section facilitates reader in approaching the district from other districts or provincial/federal capital by road, rail or air.
- 3. Culture:** Knowledge of cultural and social customs facilitates in getting access to the general population. This section provides brief about cultural setup and livelihood in the district.
- 4. District Administrative Setup:** A brief on district administrative setup along with reporting lines is given in this section.
- 5. Demographic Information:** Demographic breakdown of the district population structure, by age and sex, is important from Mother & Newborn Child Health (MNCH) point of view. The information given in this section can be used to predict the target population in upcoming years and plan interventions for improvement of health status in the district.
- 6. District Health Department:** This section provides basic information of district health department. It provides organogram of the department, types of health facilities, human resource and budget information, and selected health indicators.
- 7. District Education Sector:** The information regarding tehsil wise number of educational institutions in public sector is given in the section that can be useful in planning collaborative strategies for improvement of health status in the district.

We anticipate that this document would be helpful for planning district health interventions by PAIMAN and government health authorities.

DISTRICT HEALTH PROFILE GWADAR



1. District at a Glance

Gwadar is a coastal town in Balochistan, a province of Pakistan and 650 Km from Karachi. Gwadar port is only on a distance of 2500 Km. from China and port is working for whole year because of the hot waters here. Gwadar is destined on the inter junction of the three most strategically and economically important regions of the world that is oil rich Middle East, South Asia and central Asian republics.

Gwadar district is bounded on the north by Kech and Khuzdar districts, on the east by Lasbela District, on the south by Arabian Sea.

Total area of district Gwadar is 12,637 Sq. Km. Being a coastal area, only at few places of Gwadar district, ground water is potable.



Gwadar port

2. Accessibility

Gwadar is a coastal district of Pakistan and is connected with other parts of the province and the country by air and road. Pakistan International Airlines

(PIA) has daily flights from and to different destinations. Gwadar is 650 km from Karachi. Although black top roads are only 58 kilometres long, shingle and earthen roads connect the district to other cities of the country. Buses and pick-ups ply daily for Karachi, Turbat, Khuzdar, and some other towns of the district including Pasni, Jiwani, Ormara, Suntsar, Pishukan, Sur Bandar, and Nigore. These roads are however difficult to travel.

There is one five star hotel and 10 rest houses in the district managed by the provincial as well as federal government departments. Six of these rest houses are at Gwadar. All of the rest houses are well furnished and well kept. There is one old Governor House being used as VIP rest house. Gwadar has a good tourist motel at the beach.

3. Culture

Gwadar's location and history have given it a unique blend of cultures. The legacy of the Omani slave trade is observed in the population by the presence of residents which can trace their descent from the African slaves who were trafficked through the town. The area also has a remarkable religious diversity, being home to not only Muslims, but also to groups of Christians, Hindus and Parsis.

4. Administrative Setup

Like any other district in the country, district Gwadar is headed by District Coordination Officer (DCO) assisting Zila Nazim and is accountable to him. DCO, appointed by provincial government from the federal or provincial civil service, coordinates with Executive District Officers (EDOs), who head each of the twelve district offices including health.

District Gwadar has four Tehsils i.e. Gawadar, Pasni, Jiwani and Ormara. Each tehsil comprises of certain numbers of union councils. There are 13 union councils in district Gwadar with 4 rural and 9 urban.

5. Demographic Information

Total population of district Gwadar according to 1998 census is 185,498 persons with 54% males and 46% females. The annual growth rate of district is 2.99%. Population for 2008 is reported as 249,055. The major Baloch tribes of the district are Kalmati, Raees, Zeno Zai, Poz Hoth and Shehzada.

Tehsil and union council wise breakup of population is shown below:

Admin	Unit Area (sq. Km)	Total Population	Male	Female
District Gwadar	12,637	185,498	99,436	86,062

Admin	Unit Area (sq. Km)	Total Population	Male	Female
Tehsil Gwadar	5,019	109,748	59,170	50,578
Tehsil Pasni	7,618	75,750	40,266	35,484

Urban Union Council Name	Population
Gwadar North	23,274
Gwadar City	16,347
Gwadar South	14,422
Pasni North	23,267
Pasni South	22,366
Ormara	19,216
Jiwani	24,935
Pishkan	10,786
Surbandar	17,818

Rural Council Name	Population
Nalient	16,259
Kalag Kalmat	16,241
Had	11,371
Sunstar	16,143

Following table shows the demographic information of different population groups in the district:

Population Groups	Standard Demographic (%)	Estimated Population (2008)
New born	4.0	9,962
0-11 months	2.24	5,579
12-23 months	-	-
Under 5 years	15.87	39,525
0-14 years	44.04	109,684

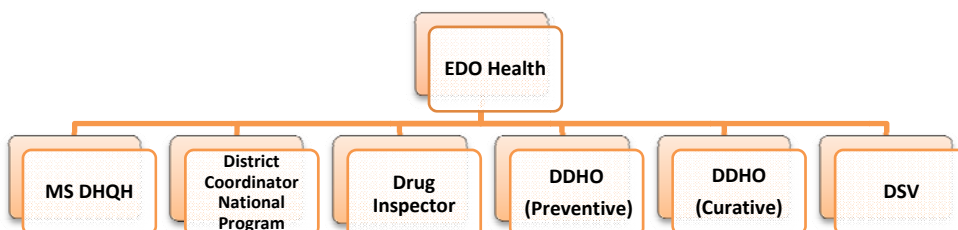
Population Groups	Standard Demographic (%)	Estimated Population (2008)
Women in child bearing age (15-49 years)	21.8	54,294
Married Child bearing age	15.5	38,604
Pregnant Women	4.5	11,207

6. District Health System

The health care delivery network is headed by Executive District Officer (Health). Being the team leader, the EDO Health is assisted by the two Deputy District Officers Health (DDHO) and Medical Superintendents of DHQ Hospital.

a) Organogram

The organizational structure of district health department is given below:



b) Health Facilities

The number of health care facilities in district Gwadar is given below:

Type	No.	No. of beds
DHQH	1	42
THQH	-	-
RHCs	3	60
BHUs	23	-
MCHCs	3	18
Dispensaries	15	-

c) Human Resource Position

Total health care personnel of selected positions working in the district are detailed in the following table:

Posts	Number	
	Sanctioned	Filled (Dec. 2008)
Gynecologist	1	Vacant
Pediatrician	1	1
Anesthetist	1	Vacant
Radiologist	-	-
Women Medical Officers (WMOs)	6	3
Medical Officers (MOs)	31	16
Blood Transfusion Officers (BTOs)	-	-
Lady Health Visitors (LHVs)	13	9
Nurses	5	3
Midwives (DAI)	43	42
Lady Health Workers (LHWs)	110	105
Laboratory Technician	4	4
Health Technician	16	11
Vaccinators	35	35

d) Health Indicators

District specific MIS Indicators are given below:

Indicator	Data from Jan-Mar 2009 <i>(Source: Baseline MIS Survey-PAIMAN)</i>
Number of ANC cases registered	88
Number of pregnant women provided TT 2 immunization	526
PNC cases visited by LHW within 24hrs of delivery	51
Number of children <1yr receiving DPT 3 immunization	1465
Number of children <5 yr treated for diarrhea at public HFs	886
Number of children <5yr treated for pneumonia at public HFs	159

Indicator	Data from Jan-Mar 2009 (Source: Baseline MIS Survey-PAIMAN)
Number of facilities reporting stock out of contraceptive commodities (DHQH/THQH/RHCs)	4
Indicator	Data for Dec, 2008 (Source: National Program for FP & PHC)
Total deliveries	541
Number of live births	992
Number of still births	30
Total obstetric (maternal) deaths	3
Total newborn deaths	18

e) Budget Allocation

Total budget allocation of current year for District Health Department in district Gwadar is as under:

Item	Year 2008-09 (Rs)
Total District Health Sector Budget	17,648,510
Development	Nil
Non-Development	17,648,510

7. Education Sector

The overall literacy rate of Gwadar district is 25.47% (www.qda.gov.pk). Tehsil wise teaching institutions are as under:

Tehsil	Primary School	Middle School	High School	College	University
Gwadar	60	6	7	1	-
Pasni	91	4	6	1	-
Jiwani	37	6	2	-	-
Ormara	26	1	2	-	-